

# Cinch Instructions

## MEET the CINCH

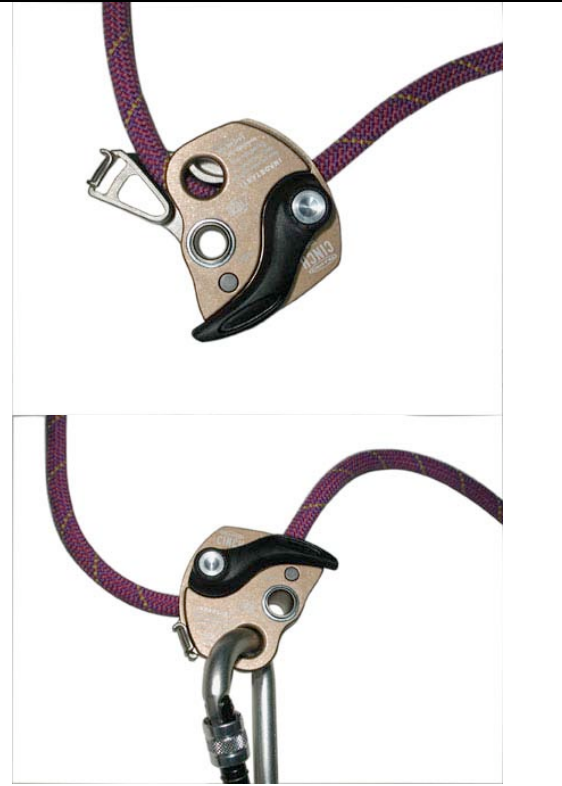


## LOAD

Pivot the plates of the Cinch open and lay the rope into the track as indicated by the hand and climber images. Be sure that the end going to the climber (or anchors) is feeding through the end of the track with the image of the Man



Pivot the plates of the Cinch closed to lock the rope (CE Single Dynamic Rope Only) inside, then attach the Cinch to the belay loop on your harness using a locking carabiner according to the instructions from the harness manufacturer. Do not use the Cinch with static ropes.



**Do Not** clip your locking carabiner into the tie-in points of your harness. Although common, there have been numerous accounts of gear and rope failure when clipping in through the tie-in points, some of them resulting in accidents and injuries. NOTE: This does not apply to single tie-point or “diaper” style harnesses.



## TEST

Before belaying, test the function by pulling sharply on the end of the rope coming out of the Cinch which leads to the climber. If the Cinch doesn't lock it is not rigged correctly. When attached properly, both ends of the rope should exit the top of the Cinch with the end going to the climber coming out of the end closest to the belayer.



## BELAY

To feed rope, grasp the Cinch with your right hand as shown. Your thumb should cover the pivot hole on the side with the lever, your index finger should cover the pivot hole on the other. As you feed rope you will need to hold the Cinch back (away from the climber) so it does not lock up. With a little bit of practice you will be able to feed rope easily and smoothly. When you need to catch or hold the climber your right hand will act as the brake hand.



## RELEASE

If you short-rope your leader or need to release rope from a locked Cinch: Without removing your brake hand from the rope, pull back on the silver release tab on the top of the Cinch. Do not remove your brake hand from the rope and do not hold this silver tab back to feed rope under normal circumstances.



## LOWER

To lower the climber use your left fingers to pull the release lever back. Place your thumb on the bottom of the release lever pivot and "pry" it back to release the load. If you do not "pry" the lever back with your fingers and thumb as pictured it may be vary hard to release and lower the climber. Just yanking on the lever does not release the Cinch plates and may cause failure of the release lever. It is very important to keep control of the rope with your brake hand while you are lowering and we highly recommend using a glove to prevent burning your skin.



We have found it extremely helpful to re-direct the brake end of the rope through a carabiner attached to the leg loop of your harness as shown. It makes the lowering much smoother and controlled in most situations. Attach the carabiner to the leg loop of your harness before you start belaying so it will be a simple matter to clip through it when it is time to lower the climber.

